Chicken Caesar Wrap Xcel

Lancer Management

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			Prep
Yield	1	Wrap	**Cook**
Portion	.5	Wrap	**Finish**
Num Portions	2		**Shelf**

Nutrition Facts

Serving Size 1/2 Wrap
Servings Per Container 2

Amount Per Serving

Calories 287	Calories From Fat 132
	% Daily Value
Total Fat 15g	22%
Saturated Fat 3g	14%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 447mg	19%
Total Carbohydrates 24g	8%
Dietary Fiber 2g	7%
Protein 15g	
Vitamin A 12%	Vitamin C 11%
Calcium 11%	Iron 11%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Protein
Good Source of Vitamin A
Good Source of Vitamin C
Good Source of Calcium
Good Source of Iron

Ingredients

boneless skinless chicken breasts, flour tortillas, romaine lettuce, CSR PRFCT PLST REF DRESSING, parmesan cheese

Contains: Eggs, Fish, Milk, Wheat