
BLT Chicken Pasta Salad Xcel

Lancer Management

Categories

Tools

Locations

Plate

Yield 12 lb

Portion 6 oz

Num Portions 32

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 6 oz (170g)

Servings Per Container 32

Amount Per Serving

Calories 278 **Calories From Fat** 139

% Daily Value

Total Fat 15g 23%

Saturated Fat 3g 12%

Trans Fat 0g

Cholesterol 41mg 14%

Sodium 356mg 15%

Total Carbohydrates 23g 8%

Dietary Fiber 1g 6%

Protein 11g

Vitamin A 3% Vitamin C 9%

Calcium 1% Iron 3%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Protein

Ingredients

boneless skinless chicken breasts, Cavatappi Pasta, Ranch dressing, LG FRESH BULK TOMATO, RD JBO #1 FRS ONION, bacon, green onion, canola oil, salt, pepper

Contains: Eggs, Milk

The following items are not included in the list of ingredients because of missing weight conversions
LMN 100% FROM CNCNT JUICE