
Bacon Side - 3 Slices

Lancer Management

Categories

Tools

Locations

Plate

Yield 1 servings

Portion 3 slice

Num Portions 1

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 3 slice

Servings Per Container 1

Amount Per Serving

Calories 378 Calories From Fat 352

% Daily Value

Total Fat 39g 59%

Saturated Fat 14g 65%

Trans Fat 0g

Cholesterol 46mg 15%

Sodium 497mg 21%

Total Carbohydrates 0g 0%

Dietary Fiber 0g 0%

Protein 6g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 2%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Sugar Free

Good Source of Protein

Ingredients

bacon