Yeast Donut frostedr Xcel

Lancer Management

Categories
Tools
Locations
Plate

			Prep
Yield	1	ea	**Cook**
Portion	1	ea	**Finish**
Num Portions	1		**Shelf**

Nutrition Facts

Serving Size 1 ea
Servings Per Container 1

Amount Per Serving

Calories 401	Calories From Fat 220
	% Daily Value
Total Fat 24g	37%
Saturated Fat 14g	62%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 380mg	16%
Total Carbohydrates 36g	12%
Dietary Fiber 1g	5%
Protein 5g	

Vitamin A	2%	Vitamin C	0%
Calcium	1%	Iron	10%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Cholesterol Free
Good Source of Iron
Good Source of Carbohydrates
Good Source of Protein

Ingredients

Yeast Donut, Icing Bettercreme ND, jimmies

Contains: Eggs, Milk, Soy, Wheat