Yeast Donut Cinnamon Sugar Xcel

Lancer Management

Categories
Tools
Locations
Plate

			Prep
Yield	1	ea	**Cook**
Portion	1	ea	**Finish**
Num Portions	1		**Shelf**

Nutrition Facts

Serving Size 1 ea
Servings Per Container 1

Amount Per Serving

Calories 326	Calories From Fat 180
	% Daily Value
Total Fat 20g	30%
Saturated Fat 10g	45%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	15%
Total Carbohydrates 31g	10%
Dietary Fiber 1g	6%
Protein 5g	

Vitamin A	2%	Vitamin C	0%
Calcium	1%	Iron	11%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Cholesterol Free
Good Source of Iron
Good Source of Carbohydrates
Good Source of Protein

Ingredients

Yeast Donut, granulated sugar, ground cinnamon

Contains: Eggs, Milk, Soy, Wheat