
Scone Cranberry Orange

Lancer Management

Categories

Tools

Locations

Plate

Yield	1	servings	Prep
Portion	5	oz	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts

Serving Size 5 oz (142g)

Servings Per Container 1

Amount Per Serving

Calories 587 **Calories From Fat** 237

% Daily Value

Total Fat 26g 39%

Saturated Fat 5g 23%

Trans Fat 10g

Cholesterol 51mg 17%

Sodium 607mg 25%

Total Carbohydrates 82g 27%

Dietary Fiber 3g 13%

Protein 7g

Vitamin A 25% **Vitamin C** 0%

Calcium 2% **Iron** 15%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Vitamin A
High in Carbohydrates
Good Source of Iron
Good Source of Fiber
Good Source of Protein

Ingredients

Scone Dough Cranberry Orange

Contains: Eggs, Milk, Soy, Wheat