

# Rice Krispie Treat with Chocolate Xcel

Lancer Management

## Categories

Tools

Locations

Plate

Yield 1 pieces

Portion 6 oz

Num Portions 1

Prep

Cook

Finish

Shelf

## Nutrition Facts

Serving Size 6 oz (170g)

Servings Per Container 1

Amount Per Serving

**Calories** 502 **Calories From Fat** 173

% Daily Value

**Total Fat** 19g 29%

Saturated Fat 5g 22%

Trans Fat 0g

**Cholesterol** 3mg 1%

**Sodium** 423mg 18%

**Total Carbohydrates** 83g 28%

Dietary Fiber 1g 3%

**Protein** 3g

Vitamin A 26% Vitamin C 8%

Calcium 3% Iron 9%

\* Percent Daily Values are based on a 2000 calorie diet.

## Nutrition Descriptors

Low Cholesterol

High in Vitamin A

High in Carbohydrates

## Ingredients

marshmallows, Rice Krispies, margarine, milk chocolate, light corn syrup

Contains: Milk