Cinnamon Roll -Xcel

Lancer Management

Categories
Tools
Locations
Plate

			Prep
Yield	1	servings	**Cook**
Portion	1	ea	**Finish**
Num Portions	1		**Shelf**

Nutrition Facts

Serving Size 1 ea
Servings Per Container 1

Amount Per Serving	
Calories 430	Calories From Fat 63
	% Daily Value
Total Fat 7g	11%
Saturated Fat 3g	14%
Trans Fat 0g	
Cholesterol 458mg	153%
Sodium 459mg	19%
Total Carbohydrates 28g	9%
Dietary Fiber 2g	9%
Protein 8g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 16%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Good Source of Iron
Good Source of Protein

Ingredients

confectioner sugar, Cinnamon Roll Dough 4 oz, 2% milk, vanilla extract

Contains: Eggs, Milk, Peanuts, Wheat