

the Elements Cafe

and meeting rooms menu

September 6 - September 12

MONDAY

MEDITERRANEAN

Mediterranean Baked Chicken - Fresh Squeezed Lemon and Seasoning over a Chicken Breast topped with a Olive Relish served over Rice with Snap Peas

TUESDAY

HOT ZONES

Beef Tacos - Ground Beef Seasoned with South of the Border Seasoning in a small Flour Tortilla served with Shredded Lettuce, Diced Tomatoes, Sour Cream, and Beans and Rice
2 Tacos per order

WEDNESDAY

ASIAN

Beef and Broccoli - Sautéed Beef Tips with Onions and Broccoli in an Oriental Brown Sauce served over Rice accompanied by Pork Pot Stickers

THURSDAY

ITALIAN

Italian Sauté - Diced Chicken, Onions, Peppers, Pepperoni, Sautéed with Linguini Noodles and Topped with Marinara and Mozzarella Cheese served with Garlic Bread and Green Beans

FRIDAY

AMERICAN

Baked White Fish with Rice Pilaf and Sautéed Corn with a Seafood Cream Sauce

SATURDAY

CHEF CHOICE

Kabobs - One Steak and one Chicken Kabob with Peppers, Onions, Mushrooms served with a Baked Potato and Sautéed Corn

SUNDAY

CHEF CHOICE

Chicken Pot Pie - Diced Chicken, Peas, Onions, Potatoes, and Chicken Sauce surrounded by a Pastry Shell served with Mashed Potatoes

Note: All menus are subject to change