

the Elements Cafe

and meeting rooms menu

August 30 - September 5

MONDAY

MEDITERRANEAN

Mediterranean Chicken Pasta - Grilled Chicken with Diced Tomatoes, Capers, Onion over Fettuccini Noodles drowned in a Garlic Bur Blanc served with Bread

TUESDAY

HOT ZONES

Taco Salad - Ground Beef with Shredded Lettuce, Diced Tomatoes, Shredded Cheese served in a Fried Tortilla Bowl with Salsa and Sour Cream served with Rice and Beans

WEDNESDAY

ASIAN

Chicken Egg Fu - Young Asian Egg Bake that has Onions, Bean Sprouts, Peppers and Diced Chicken baked and served with a Beef Sauce and White Rice

THURSDAY

ITALIAN

Chicken Alfredo - Grilled Chicken soaked in Garlic Cream Sauce over Linguini Noodles served with Garlic Bread

FRIDAY

AMERICAN

All White Fish sautéed on a Sesame Seed Bun with Lettuce and Tomato served with Chips and House-made Tartar Sauce

SATURDAY

CHEF CHOICE

Gyro - Beef and Lamb mixed Meat slow cooked stuffed in Pitta Bread with Lettuce, Cheese, Tomatoes and a Cucumber Sauce served with Chips and Pickle

SUNDAY

CHEF CHOICE

Sliced Beef with Mushroom Peppercorn Sauce served with Mashed Roasted Potatoes and Corn

Note: All menus are subject to change