

Author

Categories

Tools

Locations

Plate/Store

Yield	1	Sandwich	Prep
Portion	1	Sandwich	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size 1 Sandwich	
Servings Per Container 1	
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Amount Per Serving	
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Calories 551	Calories From Fat 245
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% Daily Value	
Total Fat 27g	41%
Saturated Fat 9g	39%
Cholesterol 59mg	20%
Sodium 1891mg	79%
Total Carbohydrates 49g	16%
Dietary Fiber 3g	12%
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Protein 15g	
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Vitamin A 17%	Vitamin C 14%
Calcium 17%	Iron 20%
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* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

- High in Iron
- High in Protein
- Good Source of Vitamin A
- Good Source of Vitamin C
- Good Source of Calcium
- Good Source of Carbohydrates
- Good Source of Fiber