

Author

Categories

Tools

Locations

Plate/Store

Yield	1	Sandwich	Prep
Portion	1	Sandwich	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size 1 Sandwich	
Servings Per Container 1	
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Amount Per Serving	
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Calories 657	Calories From Fat 286
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% Daily Value	
Total Fat 32g	48%
Saturated Fat 9g	42%
Cholesterol 85mg	28%
Sodium 2270mg	95%
Total Carbohydrates 56g	19%
Dietary Fiber 4g	16%
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Protein 32g	
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Vitamin A 21%	Vitamin C 17%
Calcium 25%	Iron 35%
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* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

High in Vitamin A
High in Calcium
High in Iron
High in Protein
Good Source of Vitamin C
Good Source of Carbohydrates
Good Source of Fiber