

Sabino's Summer Sausage, Cheese, and Crackers

Lancer Management

Author

Categories

Tools

Locations

Plate/Store

Yield 1 servings

Portion 1 servings

Num Portions 1

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 1 servings

Servings Per Container 1

Amount Per Serving

Calories 360 Calories From Fat 229

% Daily Value

Total Fat 25g 38%

Saturated Fat 12g 53%

Cholesterol 61mg 20%

Sodium 963mg 40%

Total Carbohydrates 16g 5%

Dietary Fiber 1g 4%

Protein 16g

Vitamin A 6% Vitamin C 0%

Calcium 28% Iron 12%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Calcium

High in Protein

Good Source of Iron