

Author

Categories

Tools

Locations

Plate/Store

Yield	1	Sandwich	Prep
Portion	1	Sandwich	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size 1 Sandwich	
Servings Per Container 1	
Amount Per Serving	
Calories 588 Calories From Fat 303	
% Daily Value	
Total Fat 34g	50%
Saturated Fat 12g	52%
Cholesterol 77mg	26%
Sodium 1785mg	74%
Total Carbohydrates 49g	16%
Dietary Fiber 2g	10%
Protein 23g	
Vitamin A 8%	Vitamin C 1%
Calcium 24%	Iron 21%
* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

High in Calcium
High in Iron
High in Protein
Good Source of Carbohydrates
Good Source of Fiber