Date: 12/18/2008

Sabino's Croissant - Roast beef & Marble Jack Cheese

Lancer Management

Author
Categories
Tools
Locations
Plate/Store

			Prep
Yield	1	Sandwich	**Cook**
Portion	1	Sandwich	**Finish**
Num Portions	1		**Shelf**

Nutrition Facts

Serving Size 1 Sandwich
Servings Per Container 1

Amount Per Serving

		% Daily Value
Calories	525 Calories From Fat 269	
Total Fat	30g	45%
Saturated Fat	15g	67%
Cholesterol	111mg	37%
Sodium	1385mg	58%
Total Carbohydrates	40g	13%
Dietary Fiber	2g	10%
Protein	25g	

Vitamin A	13%	Vitamin C	7%
Calcium	18%	Iron	131%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Iron
High in Protein
Good Source of Vitamin A
Good Source of Calcium
Good Source of Carbohydrates
Good Source of Fiber