

Author**Categories****Tools****Locations****Plate/Store**

Yield	1	Sandwich	Prep
Portion	1	Sandwich	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts

Serving Size 1 Sandwich

Servings Per Container 1

Amount Per Serving

Calories 518 **Calories From Fat** 244

% Daily Value

Total Fat 27g 41%

Saturated Fat 12g 54%

Cholesterol 96mg 32%**Sodium** 1781mg 74%**Total Carbohydrates** 43g 14%

Dietary Fiber 3g 12%

Protein 11g

Vitamin A 23% Vitamin C 16%

Calcium 4% Iron 13%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Vitamin A

High in Protein

Good Source of Vitamin C

Good Source of Iron

Good Source of Carbohydrates

Good Source of Fiber