

Author

Categories

Tools

Locations

Plate/Store

Yield	1	Sandwich	Prep
Portion	1	Sandwich	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size 1 Sandwich	
Servings Per Container 1	
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Amount Per Serving	
Calories 591	Calories From Fat 290
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% Daily Value	
Total Fat 32g	48%
Saturated Fat 12g	55%
Cholesterol 157mg	52%
Sodium 1135mg	47%
Total Carbohydrates 45g	15%
Dietary Fiber 3g	14%
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Protein 30g	
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Vitamin A 13%	Vitamin C 19%
Calcium 8%	Iron 118%
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* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

- High in Iron
- High in Protein
- Good Source of Vitamin A
- Good Source of Vitamin C
- Good Source of Potassium
- Good Source of Carbohydrates
- Good Source of Fiber