

Rice Krispie Treat Recipe

Lancer Management

Author

Categories

Tools

Locations

Plate/Store

Yield 75 servings

Portion 1 ea

Num Portions 75

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 1 ea

Servings Per Container 75

Amount Per Serving

Calories 543 Calories From Fat 182

% Daily Value

Total Fat 20g 30%

Saturated Fat 12g 56%

Cholesterol 53mg 18%

Sodium 613mg 26%

Total Carbohydrates 90g 30%

Dietary Fiber 0g 1%

Protein 4g

Vitamin A 38% Vitamin C 15%

Calcium 1% Iron 14%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Vitamin A

High in Carbohydrates

Good Source of Vitamin C

Good Source of Iron