

Polpette - Meatball Sub

Lancer Management

Author

Categories

Tools

Locations

Plate/Store

Yield 1 servings

Portion 1 Sandwich

Num Portions 1

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 1 Sandwich

Servings Per Container 1

Amount Per Serving

Calories 807 Calories From Fat 444

% Daily Value

Total Fat 49g 74%

Saturated Fat 18g 81%

Cholesterol 102mg 34%

Sodium 1737mg 72%

Total Carbohydrates 56g 19%

Dietary Fiber 2g 7%

Protein 32g

Vitamin A 19% Vitamin C 12%

Calcium 33% Iron 18%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Calcium

High in Protein

Good Source of Vitamin A

Good Source of Vitamin C

Good Source of Iron

Good Source of Carbohydrates