Date: 12/18/2008

Pizza Sausage Slice (from 16" pizza)

Lancer Management

Author
Categories
Tools
Locations
Plate/Store

			Prep
Yield	1	slice	**Cook**
Portion	1	slice	**Finish**
Num Portions	1		**Shelf**

Nutrition Facts

Serving Size 1 slice
Servings Per Container 1

Amount Per Serving

Calories 342	Calories From Fat 136
	% Daily Value
Total Fat 15g	23%
Saturated Fat 7g	30%
Cholesterol 39mg	13%
Sodium 685mg	29%
Total Carbohydrates 31g	10%
Dietary Fiber 2g	9%
Protein 18g	

Vitamin A	11%	Vitamin C	3%
Calcium	30%	Iron	14%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Calcium
High in Protein
Good Source of Vitamin A
Good Source of Iron
Good Source of Carbohydrates