

# Pizza Sausage personal 7"

Lancer Management

**Author**

**Categories**

**Tools**

**Locations**

**Plate/Store**

**Yield** 1 pizza

**Portion** 1 pizza

**Num Portions** 1

**Prep**

**Cook**

**Finish**

**Shelf**

## Nutrition Facts

Serving Size 1 pizza

Servings Per Container 1

Amount Per Serving

**Calories** 586 Calories From Fat 205

% Daily Value

**Total Fat** 23g 34%

Saturated Fat 9g 39%

**Cholesterol** 52mg 17%

**Sodium** 1201mg 50%

**Total Carbohydrates** 68g 23%

Dietary Fiber 3g 14%

**Protein** 27g

Vitamin A 15% Vitamin C 4%

Calcium 38% Iron 23%

\* Percent Daily Values are based on a 2000 calorie diet.

## Nutrition Descriptors

High in Calcium

High in Iron

High in Carbohydrates

High in Protein

Good Source of Vitamin A

Good Source of Fiber