Date: 12/18/2008

# Novelties - Snow Cone

Lancer Management

**Author**
**Categories**
**Tools**
**Locations**
**Plate/Store**

| | | | |
|---|---|---|---|
| | | | **Prep** |
| **Yield** | 1 | ea | **Cook** |
| **Portion** | 200 | g | **Finish** |
| **Num Portions** | 1 | | **Shelf** |

## Nutrition Facts

Serving Size 200g
Servings Per Container 1

Amount Per Serving

**Calories** 60 Calories From Fat 0

| | % Daily Value |
|---|---|
| **Total Fat** 0g | 0% |
| Saturated Fat 0g | 0% |
| **Cholesterol** 0mg | 0% |
| **Sodium** 10mg | 0% |
| **Total Carbohydrates** 15g | 5% |
| Dietary Fiber 0g | 0% |
| **Protein** 0g | |

| | | | |
|---|---|---|---|
| Vitamin A | 0% | Vitamin C | 0% |
| Calcium | 0% | Iron | 0% |

* Percent Daily Values are based on a 2000 calorie diet.

**Nutrition Descriptors**

Fat Free
Low Saturated Fat
Cholesterol Free
Very Low Sodium
Healthy