

**Author**

**Categories**

**Tools**

**Locations**

**Plate/Store**

**Yield** 1 ea  
**Portion** 97 g  
**Num Portions** 1

**Prep**  
**Cook**  
**Finish**  
**Shelf**

<b>Nutrition Facts</b>	
Serving Size 97g	
Servings Per Container 1	
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Amount Per Serving	
<hr/>	
<b>Calories</b> 310 <b>Calories From Fat</b> 144	
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% Daily Value	
<b>Total Fat</b> 16g	24%
Saturated Fat 8g	36%
<b>Cholesterol</b> 35mg	12%
<b>Sodium</b> 170mg	7%
<b>Total Carbohydrates</b> 40g	13%
Dietary Fiber 1g	4%
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<b>Protein</b> 3g	
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Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
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* Percent Daily Values are based on a 2000 calorie diet.	

**Nutrition Descriptors**

Good Source of Carbohydrates