

Author

Categories

Tools

Locations

Plate/Store

Yield 1 ea

Portion 83 g

Num Portions 1

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 83g

Servings Per Container 1

Amount Per Serving

Calories 270 Calories From Fat 126

% Daily Value

Total Fat 14g 21%

Saturated Fat 8g 34%

Cholesterol 25mg 8%

Sodium 105mg 4%

Total Carbohydrates 32g 11%

Dietary Fiber 1g 4%

Protein 4g

Vitamin A 4% Vitamin C 0%

Calcium 8% Iron 2%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Low Sodium

Good Source of Carbohydrates