

Hot Dog Jumbo - no condiments

Lancer Management

Author

Categories

Tools

Locations

Plate/Store

Yield 1 pieces

Portion 1 Hot Dog

Num Portions 1

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 1 Hot Dog

Servings Per Container 1

Amount Per Serving

Calories 350 Calories From Fat 184

% Daily Value

Total Fat 20g 31%

Saturated Fat 8g 34%

Cholesterol 45mg 15%

Sodium 980mg 41%

Total Carbohydrates 26g 9%

Dietary Fiber 1g 4%

Protein 15g

Vitamin A 2% Vitamin C 0%

Calcium 2% Iron 16%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Protein

Good Source of Iron