Date: 12/18/2008

# Cookie White Choc Macadamia Nut 2.5 oz.

Lancer Management

**Author**
**Categories**
**Tools**
**Locations**
**Plate/Store**

| | | | |
|---|---|---|---|
| | | | **Prep** |
| **Yield** | 1 | Cookies | **Cook** |
| **Portion** | 2.5 | oz | **Finish** |
| **Num Portions** | 1 | | **Shelf** |

## Nutrition Facts

Serving Size 2.5 oz (71g)
Servings Per Container 1

Amount Per Serving

**Calories** 313 Calories From Fat 134

| | % Daily Value |
|---|---|
| **Total Fat** 15g | 22% |
| Saturated Fat 7g | 34% |
| **Cholesterol** 15mg | 5% |
| **Sodium** 223mg | 9% |
| **Total Carbohydrates** 41g | 14% |
| Dietary Fiber 1g | 3% |
| **Protein** 4g | |

| | | | |
|---|---|---|---|
| Vitamin A | 1% | Vitamin C | 1% |
| Calcium | 3% | Iron | 11% |

* Percent Daily Values are based on a 2000 calorie diet.

**Nutrition Descriptors**

Low Cholesterol
Good Source of Iron
Good Source of Carbohydrates