

Author

Categories

Tools

Locations

Plate/Store

Yield	1	Cookies	Prep
Portion	2.5	oz	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size 2.5 oz (71g)	
Servings Per Container 1	
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Amount Per Serving	
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Calories 323	Calories From Fat 124
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% Daily Value	
Total Fat 14g	21%
Saturated Fat 4g	16%
Cholesterol 7mg	2%
Sodium 220mg	9%
Total Carbohydrates 46g	15%
Dietary Fiber 2g	8%
Protein 3g	
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Vitamin A 0%	Vitamin C 0%
Calcium 1%	Iron 11%
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* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

Low Cholesterol
Good Source of Iron
Good Source of Carbohydrates