Date: 12/18/2008

Cookie Peanut Butter 2.5 oz.

Lancer Management

Author
Categories
Tools
Locations
Plate/Store

			Prep
Yield	1	Cookies	**Cook**
Portion	2.5	oz	**Finish**
Num Portions	1		**Shelf**

Nutrition Facts

Serving Size 2.5 oz (71g)
Servings Per Container 1

Amount Per Serving

Calories 334 Calories From Fat 149

	% Daily Value
Total Fat 17g	25%
Saturated Fat 3g	14%
Cholesterol 1mg	0%
Sodium 290mg	12%
Total Carbohydrates 41g	14%
Dietary Fiber 1g	6%
Protein 7g	

Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	10%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Cholesterol Free
Good Source of Iron
Good Source of Carbohydrates
Good Source of Protein