Date: 12/18/2008

Carrot Snack, Baby kids Meal 1.6 oz

Lancer Management

Author
Categories
Tools
Locations
Plate/Store

			Prep
Yield	1	servings	**Cook**
Portion	1.6	oz	**Finish**
Num Portions	1		**Shelf**

Nutrition Facts

Serving Size 1.6 oz (45g)
Servings Per Container 1

Amount Per Serving

Calories 17 Calories From Fat 2

	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 16mg	1%
Total Carbohydrates 4g	1%
Dietary Fiber 1g	4%
Protein 0g	

Vitamin A	136%	Vitamin C	6%
Calcium	1%	Iron	2%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Low Calorie
Fat Free
Low Saturated Fat
Cholesterol Free
Very Low Sodium
Healthy
High in Vitamin A